

# Should intermediate-risk fit patients undergo alloHSCT in CR1? - NO -

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## Allogeneic Stem Cell Transplantation for AML in CR1

#### 24 trials and 6007 patients analyzed

- 5951 patients in RFS analyses
- 5606 patients in overall survival analyses;



"the beneficial effect of ASCT takes place as soon as the risk of relapse exceeds 35-40%; when probabilities of relapse are below those percentages the risk of treatment-related mortality will attenuate the survival advantage of this procedure"

### Association of MRD with survival outcomes in patients with AML



- Systematic review and meta-analysis of 81 publications reporting on 11'151 patients
- Estimated 5-year DFS was 64% for patients MRD<sup>NEG</sup> and 25% for those MRD<sup>POS</sup>
- Estimated OS was 68% for patients MRD<sup>NEG</sup> and 34% for those MRD<sup>POS</sup>
- The difference of 5-year restricted mean survival time of the MRD<sup>NEG</sup> and MRD<sup>POS</sup> groups was 15.4 months for OS and 19.6 months for DFS.

## Is upfront molecular subclassification comprehensive?



Upfront genetic profiling may be inadequate for outcome prediction in some categories of patients: those with intermediate risk features and those lacking a prognostic molecular profiles

Papaemmanuil E et al. N Engl J Med ;374:2209-2221

## **ELN2022** clinical recommendations for AML treatment



## **ELN general principles for clinical practice**

### Schuurhuis GJ, Blood 2018

- Should be monitored using RT-qPCR
  - Acute promyelocytic leukemia
  - Core-binding factor AML
  - AML with NPM1 mutation
- AML subgroups NOT including APL, CBF AML, and AML with NPM1 mutation
  - Use MFC for MRD assessment

#### Update 2021

- For patients with mutant NPM1, CBF AML or APL we recommend molecular MRD assessment by qPCR or dPCR.
- AML patients outside these molecularly defined subgroups should be monitored for MRD using MFC.
- NGS-MRD monitoring is useful to refine prognosis in addition to MFC but, <u>to date</u>, <u>there are insufficient data to recommend</u> <u>NGS-MRD as a stand-alone technique</u>.

#### Prospective, MRD-driven trials HOVON-SAKK-132, GIMEMA AML1310



### Prospective MRD-driven clinical trials, outcome of IR patients



## **MRD by MFC in Intermediate-risk patients**

Retrospective *in house* observation "donor vs. no donor"

#### GIMEMA AML1310 protocol "transplant vs. no transplant"





#### Unguided intermediate risk HO132 guided intermediate patients n=154 risk patients n=154 Baseline characteristics WBC-count Age WHO-class Karyotype FLT3-ITD status NPM1 status

Courtesy of J. Tettero

110 matches

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#### No survival difference between MRD-guided and non-guided cohorts after matching



#### Time to event MRD-negative intermediate risk patients auto-SCT



### ASCT vs Standard Consolidation Chemotherapy in Patients With Intermediate-Risk AML: A Randomized Clinical Trial



#### ASCT vs Standard Consolidation Chemotherapy in Patients With Intermediate-Risk AML: A Randomized Clinical Trial

### **POST-HOC ANALYSIS**

- Patients with intermediate-risk AML according to the 2017 ELN classifications revealed
  - DFS after 2 years (70% after HCT and 39% after consolidation chemotherapy; P = .02)
  - No superiority with regard to OS (76% after allogeneic HCT vs 83% after consolidation chemotherapy)
- All 41 patients relapsing in the consolidation chemotherapy group proceeded to allo-HCT directly (n=20) or after salvage therapy (n=21).

### **CONCLUSIONS**

- Patients 60 years or younger with intermediate-risk AML, as defined by Medical Research Council cytogenetic criteria, despite an improved DFS, do not benefit from allo-HCT during first CR with regard to OS.
- The early identification of a suitable donor allows timely rescuing of those patients with relapse after conventional consolidation chemotherapy.
- Future studies that apply longitudinal monitoring of residual disease dynamics will help to personalize the ideal time point for allo-HCT in most patients.

## GIMEMA AML1819 study (Low-Int. Risk pts, <60aa)



#### Diagnosis

De novo ELN2017 favorable/intermediate-risk AML Age 18-60 years

#### Induction

GO 3 mg/m<sup>2</sup> day 1, 4, 7 (flat dose capped at 5 mg) Daunorubicin 60 mg/m<sup>2</sup> day 1-3 Cytosine Arabinoside 200 mg/m<sup>2</sup> day 1-7

#### Consolidation

GO 3 gm/m<sup>2</sup> day 1 (flat dose capped at 5 mg) Daunorubicin 50 mg7m<sup>2</sup> day 4-6 Cytosine Arabinoside 500 mg/m<sup>2</sup>, twice a day, day 1-6

#### Maintenance post-transplant

Glasdegib 100 mg daily, orally for up to 1 year or until toxicity/relapse

The study has two co-primary endpoints:

- 1- percentage of MRD negativity after consolidation treatment in patients treated in induction and consolidation with chemotherapy plus GO;
- 2- Disease Free Survival (DFS) in patients randomized to glasdegib maintenance or clinical observation



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## Conclusions

- Upfront genetic profiling may be inadequate for treatment selection in some categories of patients
- Comprehensive determination of pre-treatment (karyotype, genetics) and post treatment (MRD) refines prognosis
- MFC and molecular biology are the techniques of choice in intermediate risk AML
  - High technical standard requirement
  - Complementary application (according to specific transcript or phenotypic array)
- New evidences coming from MRD-oriented prospective clinical trials

# Should all intermediate-risk fit patients undergo alloHSCT in CR1? - NO -

Provided a thorough estimate of remission quality and relapse risk is performed



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